

WESTERN NEIGHBOURHOOD NETWORK Wednesday 25th August 2021 At – 18:00 via Teams

Present

Steve Kerr	Corstorphine Community Council/Western NN rep on LCPP
Esther Elliot	Church of Scotland
Tommy Mclean	Western & Almond Voluntary Sector Forum
Fiona McCabe	Corstorphine Community Centre
Chris Wark	Edinburgh leisure- Energise
Kenneth Wright	Drumbrae Community Council
Cllr Robert Aldridge	City Edinburgh Council
Cllr Mark Brown	City of Edinburgh Council
Cllr Gillian Gloyer	City of Edinburgh council
Cllr Frank Ross	City of Edinburgh Council

In Attendance

Scott Donkin	City of Edinburgh Council, NW Lifelong Learning Service Manger
Elaine Lennon	City of Edinburgh Council, NW Lifelong Learning Development Officer
Mike Massaro-Mallinson	Edinburgh Health & Social Care Partnership, NW Locality Manager
Katrina Smith	Edinburgh Health & Social Care Partnership / NHS Lothian, Public Health Practitioner

Apologies

Angela Benzies	St. Thomas's Church
Cllr Clair Bridgman	City Edinburgh Council
Jane Kerr	Corstorphine Trust
Sian McSorley	Corstorphine Community Centre
Stephen Rafferty	Forrester's High School
Duncan Whitty	Corstorphine Community Church
Pauline Fordyce	CEC NW Lifelong Learning Development officer

AGENDA ITEM		ACTIONS AGREED
1.Welcome & Apologies	Steve opened the meeting and welcomed people.	

WESTERN NEIGHBOURHOOD NETWORK Wednesday 25th August 2021 At – 18:00 via Teams

2. Notes of Western NN Meeting of 10.02.21	<p>The notes were approved</p>	
3. North West Locality Community Planning Partnership (LCPP)	<p>Steve gave a summary of the meeting of the LCPP of 27th July 2021 and progress to date. The full papers can be viewed here. He explained that the meeting had received presentations on:</p> <ul style="list-style-type: none"> • Best Value and Community Council reform as part of this • The three subgroups also gave an update: <ul style="list-style-type: none"> ○ Social Isolation / Health & Wellbeing (Locality wide), led by Edinburgh Health & Social Care Partnership (Mike Massaro Mallinson) – update next on this agenda. ○ Employment (Locality wide), gave update on their mapping exercise, as well as news that Universal Credit Applications were up across City, and that he would request a breakdown for NW. This group's planned jobs fair had been postponed. ○ North Edinburgh, (Focused priority), are gathering info from the Poverty Commission, and also that the Voluntary Sector Forum (VSF) representation was clarified. <p>He said that the other NNs also gave a brief update and he was particularly interested to hear:</p> <ul style="list-style-type: none"> • That Almond NN reported a budget of £3.5m for capital roads funding. Steve asked if clarity for this area could be sought. • That Inverleith NN made contact with Cllr Gordon re potential funding to take forward their priority of growing spaces <p>Tommy had also given an update on Community Centre reopening.</p>	<p>Breakdown request</p> <p>Scott to get clarity</p>
4. Social Isolation priority	<p><u>LCPP Social Isolation subgroup update</u></p> <p>Mike and Katrina then gave an update of the work of the LCPP Social Isolation Subgroup. The group has representatives from the third sector, NHS, Police Scotland, Fire Scotland and CEC, and their immediate aim is to harness all the good work already going on to reduce social isolation in the locality, and make sure that these activities and services are widely known about and good practice shared.</p> <p>A shared outcomes framework (circulated) had been developed to allow organisations to see how work they are doing contributes to a shared aim of reducing social isolation, recognising no single organisation or group</p>	

WESTERN NEIGHBOURHOOD NETWORK Wednesday 25th August 2021 At – 18:00 via Teams

	<p>can achieve this outcome on their own. This is a living document and will be continually reviewed. Anyone with thoughts or comments, or with an interest in getting involved in the working group is welcome to contact Katrina at any time (katrina.smith@nhslothian.scot.nhs.uk)</p> <p>Katrina explained that public health took a life-course approach to social isolation – that is that it can affect anyone at different points in their lives. Some transitional periods in life pose more risk, and some particular population groups were more at risk – the subgroup has tried to reflect this in the shared outcomes framework.</p> <p>The next stages include:</p> <ul style="list-style-type: none"> • Gathering feedback from NNs and VSFs • Looking at immediate work that can be done. Good practice being shared and opportunities to build on these where relevant being explored. • One example of this is Crewe Health Centre, where GP can prescribe Health Walks in partnership with third sector organisation. The subgroup plans to use this as a case study to encourage more practices to set up similar models in their own area. <p>Questions / comments included:</p> <p>RA – How can we translate this into an action plan with sort term actions?</p> <ul style="list-style-type: none"> • MMM acknowledged that this work has its challenges, and that KS can offer support to groups to help them with the guidance to get back up and running. • There are also plans for a one-off Anxiety Management course in West Edinburgh, run by Health In Mind. If this was popular it might be possible to run more of these. The subgroup has been working with Health in Mind and the VSF to identify a suitable venue. <p>RA – How do we know what success looks like?</p> <ul style="list-style-type: none"> • Acknowledged that this is difficult to measure as reducing social isolation happens incrementally, over the long-term, and it is not easy to attribute improvements to one intervention or service. One of the benefits of a shared outcomes approach is that helps collect a whole lot of different activity together that we can look at collectively as making a difference. The purpose of including short-term outcomes in the framework is that you can see how on the ground activities directly contribute to achieving these. 	
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WESTERN NEIGHBOURHOOD NETWORK Wednesday 25th August 2021 At – 18:00 via Teams

	<p>SK – Which funding sources are being explored?</p> <ul style="list-style-type: none"> • MMM explained that funding is in place for the first course taking place and evidence is being gathered to strengthen the search for additional funding to roll this out. <p>KW – It's difficult for people to know what exists, and many people who have lack of confidence find it difficult to participate</p> <ul style="list-style-type: none"> • KS explained that a lot of work is going on in Edinburgh to support mental health and wellbeing, and agreed that anxiety and lack of confidence has a big impact on someone's social connections and participation. This is why it was important to think about social isolation in a holistic way – it is not just about providing new opportunities to connect, but also about making our communities more supportive and accessible, and supporting initiatives that increase resilience and wellbeing overall. • She added that the subgroup is promoting the 'Keep Safe' initiative led by Police Scotland. This scheme identifies and promotes a network of safe places where people feeling vulnerable or anxious for any reason can take a break when they are out and about and staff are trained to assist if necessary. Users of the scheme carry a card which can help with communication issues, and allow the staff to contact a family member/carer as necessary. (papers attached for more information). <p>CW – how do we target those in need who are hidden?</p> <ul style="list-style-type: none"> • MMM said that there are lots of community groups / day centre / churches supporting people and that word of mouth and human connections is key. • KS added that we need to work with GPs and also to look at identifying known groups eg carers, those with long term conditions and strengthen relationships between local and city wide organisations. There is a lot going on but not always the case that different networks and groups know about each other. • TM added that local networks are important to help raise awareness of what's out there, and that the mapping exercise would hopefully lead to a directory of some sort that can be put through doors. <p>FM – When might an Anxiety Group be rolled out here, and are there links with the Trauma Informed Practices?</p> <ul style="list-style-type: none"> • KS explained that Health in Mind is part of the Thrive Collective – a group of organisations commissioned by Thrive to deliver a whole range of activities to support health & wellbeing across the city. Many of these activities, including the anxiety management courses, had to be put on hold during COVID, and this course currently proposed for West Edinburgh is one of these. 	
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WESTERN NEIGHBOURHOOD NETWORK Wednesday 25th August 2021 At – 18:00 via Teams

	<ul style="list-style-type: none"> • KS to talk to FM directly about Trauma Informed Practice • TM added that Corstorphine Dynamos were exploring starting a course for young men Befriending services are very important, and this is needed in Western Edinburgh. <p>FR – We need a main point of contact to gather this info.</p> <p>SD asked how the framework could help us gather info on informal work taking place, especially as Western NN and Almond NN had decided that social isolation was a priority for them.</p> <p>SD also asked what's next and how / what do we need to put in place to move forward to tackle social isolation</p> <p>TM said that VSF and the exercise that was carried out by this group now need to come together for a coordinated approach. To gather more replies, it was agreed to ask all groups on mail list again to give us info, and also to share to their networks eg Churches Network/ Mosque. He also suggested that we ask local businesses who also help tackle social isolation. It was agreed to ask for responses by email to Pauline.fordyce@ea.edin.sch.uk</p> <p><u>Western NN Social Isolation mapping update</u></p> <p>EL presented a paper that had been circulated by PF. Although only 11 responses, it was felt that this gives us some info to base discussions on.</p> <p>Immediate analysis showed:</p> <ul style="list-style-type: none"> • Current activity highlighted that Volunteering and Groups were the most offered services. • Activities that are most likely to be offered when permitted are the same as above, with Clubs and Cafes increasing. • Most activities on offer cater for adults, or older people with fewer services on offer locally for carers and children under 11 years • Unsurprisingly, the methods most used during lockdown were phone calls and online meetings • One to one support, help with transport and smaller groups were highest when asked what extra support might be needed to fully engage in community life 	
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WESTERN NEIGHBOURHOOD NETWORK Wednesday 25th August 2021 At – 18:00 via Teams

	<ul style="list-style-type: none"> Groups of people who may have missed out or who may need extra support were parents & toddlers, and families. <p>Full findings can be viewed on circulated reports, and any queries or information to add to this should be sent to Pauline.fordyce@ea.edin.sch.uk</p> <p>Comments:</p> <ul style="list-style-type: none"> KS - asking some city-wide organisation who provide services locally might give a fuller picture TM – if all members to contact one or two known groups who hadn't replied. Elaine to send paper copy of questions TM - a directory will be really valuable when complete SD - this group could take the gathered info to the LCPP and the Social Isolation subgroup for clarity on how work can be supported and how we fit in the framework as a NN? TM - organisations could also feed any comments to him as VSF Rep to take to sub group. 	<p>Elaine to send copy of qs with minute</p> <p>SD to meet with MMM to discuss</p> <p>Any comments to TM</p>
7. Western Community grant Fund (CGF)	<p>EL talked to the report on Youth Decides that had been circulated.</p> <p>It was agreed</p> <ul style="list-style-type: none"> That any Youth Decides exercise should involve young people at an early stage, and that they should make these decisions with support where required, and that the experience of previous Youth Decides process was very positive. That projects up to value of £500 would be encouraged and that any viable larger project ideas could be directed to the full CGF programme. It was pointed out that Locality Manager technically makes the decisions, but that Young People's recommendations should be taken seriously. To put out call to Young People to join a Youth Panel to get a wider representation if possible, for example through Scouts etc Steven Kipanda and SD to take this into account in the planning of Youth activity for coming term It would also be promoted through Youth Engagement Partnership. 	<p>SD o liaise with Steven Kipanda and YEP</p>

WESTERN NEIGHBOURHOOD NETWORK Wednesday 25th August 2021 At – 18:00 via Teams

8. Neighbourhood Environment Programme (NEP) Roads	<p>SD reported that Dave Sinclair was not able to make this meeting, that the update shared was a copy of that shared on 30th June, and that no further update was available.</p> <p>Comments:</p> <ul style="list-style-type: none"> • MB - has received update and would share this • FR - many estimated costs may have increased sharply over the period <p>It was agreed that Dave would be invited to share update to those projects highlighted in the report before the next meeting, including:</p> <ul style="list-style-type: none"> • Estimated timescales for progress 	<p>DS to provide update</p>
8.AOCB	<p>KW reported increase in complaints about weeds on pavements, in particular around Clermiston Park, but also overhanging trees and asked if extra funding will be available for this?</p> <ul style="list-style-type: none"> • SK - widely used sprays were environmentally friendly but less effective. • FR – how do we encourage people to look after their own gutters, paths, walls, hedges and that private homeowners have some responsibility for this. • MB – has reported Clermiston Park 	
9.Date of Next Meeting	<p>Date of next meeting Wed 20th October, Wed 1st December and Wed 9th February 2022</p>	