

Inverleith Neighbourhood Network

NOTE OF MEETING: Tuesday 17th August 2021, Online via Teams

Present

John Campbell
Susie Ross
Jenny Williams
Alex Dale
Joan Beattie
Vicki Bradley and Aleks Pacula
Isobel Leckie (part meeting)
Cllr Gavin Barrie (Chair)
Cllr Max Mitchell
Cllr Hal Osler

Organisation

Arbor Green Nursery
Craigleith Blackhall Community Council
Drylaw Parish Church
Drylaw Telford Community Association
Friends of Inverleith Park ((Rep from this group on NW Locality Community Planning Partnership (LCPP)
LifeCare Edinburgh
Living Streets Edinburgh
City of Edinburgh Council
City of Edinburgh Council
City of Edinburgh Council

In attendance:

Helen Bourquin
Elaine Lennon
Mike Massaro Mallinson
Katrina Smith

CEC NW Lifelong Learning Service Manager
CEC NW Lifelong Learning Development Officer
NW Locality Manager, Edinburgh Health & Social Care Partnership
Public Health Practitioner, Edinburgh Health & Social Care Partnership / NHS Lothian

<u>ITEM</u>	<u>INPUT/DISCUSSION</u>	<u>DECISIONS / ACTIONS</u>
1. Welcome and Introductions	Cllr Gavin Barrie welcomed the group, and those present introduced themselves.	
2. Minute of previous meeting	<p>The minute was accepted as true record.</p> <p>Matters arising:</p> <p>New members for the funding panel had come forward to volunteer, and this group now consists of:</p> <ul style="list-style-type: none">• Cllr Barrie• Cllr Osler• Cllr Mitchell• Joan Beattie	

	<ul style="list-style-type: none"> • Susie Ross • Dave Pickering • Alex Dale 	
3. Getting to know you	<p><u>Lifecare Edinburgh</u></p> <p>Vicky and Aleks of LifeCare Edinburgh gave a presentation of the work they do and specifically of the Outreach work they carried out in 2020/21 with a grant from the Inverleith Neighbourhood Network.</p> <p>Enjoying its LifeCare its 80th birthday soon, services and achievements include:</p> <ul style="list-style-type: none"> • St Bernard’s day club based in Stockbridge, for people with dementia • The Dean Club for people who don’t have a diagnosis of dementia but have poor mobility and have become socially isolated. • An Outreach service that is all about care and companionship in your own home • A Help at Home service provides regular and reliable support with household tasks such as cleaning and shopping. • Café Life is our community café in Stockbridge <p>During COVID lockdowns, they have provided:</p> <ul style="list-style-type: none"> • Over 7,500 hours of registered outreach care delivered safely to over 80 clients with high-care needs • Over 10,000 hours of safely delivered Help at Home care provided throughout the pandemic so far to over 260 local elderly clients • Over 4,340 support calls made to the homes of 80 clients with dementia who usually attend our registered daycentres (currently closed) – providing vital support to both the client and the carer • Over 12,000 hot, ready and nutritious meals provided for free to over 240 isolated and vulnerable older individuals – also acting as a vital ‘check-in’ service • Over 3,800 essential and safe shopping visits made for over 130 elderly, shielding, vulnerable and isolated clients • Over 3,200 hours of phone calls and support visits made through our partnership companionship programme Vintage Vibes to 125 older people • Over 75% increase in demand for our community engagement activities (currently delivered online) including history talks, quizzes and virtual visits to local attractions such as Edinburgh Zoo • Over 200 mental health activity packs provided to vulnerable adults in the community • Over 100 Christmas gift packs distributed to isolated older individuals who live alone 	

	<p>A full report is attached.</p> <p>A number of queries were addressed:</p> <ul style="list-style-type: none"> • Referrals (Joan B) – Vicki confirmed that individuals, family members or GP could refer anyone by calling their central numbers. All details can be found here: https://www.lifecare-edinburgh.org.uk/about-lifecare/contact-us/ • Trips and Falls (Cllr Osler) – Vicki agreed that they had seen an increase in hospitalisation of older people who had become less mobile and frailer due to lockdown, and that their Help at Home and the Outreach services helped to offer support in these cases. <p>Mike added that an increase in more complex needs and increased frailty was evident in people presenting to health and social care frontline teams. He suggested that the Social Isolation subgroup could help identify locally available Third Sector organisations offering support.</p> <p>Joan added that the poor state of pavements was also a factor in increase of falls.</p> <p><u>LCPP Social Isolation subgroup update</u></p> <p>Mike and Katrina then gave an update of the work of the LCPP Social Isolation Subgroup. The group has representatives from the third sector, NHS, Police Scotland, Fire Scotland and CEC, and their immediate aim is to harness all the good work already going on to reduce social isolation in the locality, and make sure that these activities and services are widely known about and good practice shared. A shared outcomes framework has been developed to allow organisations to see how work they are doing contributes to a shared aim of reducing social isolation, recognising no single organisation or group can achieve this outcome on their own. This is a living document and will be continually reviewed. Anyone with thoughts or comments can send to Katrina at any time (katrina.smith@nhslothian.scot.nhs.uk)</p> <p>Mike added that as part of this work, the group is keen to progress the recommendations of NHS Lothian's recent Green Health Prescribing report (www.elhf.co.uk/wp-content/uploads/2021/06/GreenHealthPrescribingReportWeb.pdf) using green health to contribute to Lothian's post COVID recovery. For this reason the group are particularly keen to hear about work going on under the green spaces priority of the Inverleith NN and explore opportunities there to promote health and wellbeing.</p> <p>Examples of the type of work taking place in some areas of the locality are:</p> <ul style="list-style-type: none"> • GP practice pairing up with third sector to "prescribe" a walking group 	<p>Circulate full report</p>
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	<ul style="list-style-type: none"> Anxiety Management Courses in partnership with Health in Mind <p>There were a number of comments / queries:</p> <ul style="list-style-type: none"> Many people have a perception that Inverleith does not have people living with social isolation, but coupled with a lack of community facilities, it is a real problem which is often overlooked. Mike said that the issue of uneven availability of activities across the locality had been raised by others, and that the subgroup was very aware of this. He suggested that some activities eg walking groups, could be developed in Inverleith. He suggested making contact with eg Spartans or Health in Mind, and then look at funding sources to do this. It is difficult to know what's out there and who to ask. Katrina agreed that raising awareness of services was key and that Western and Almond are both carrying out a mapping exercise of what is on offer post COVID Mike added that the iThrive website is a great resource for finding out what is available and is searchable by postcode. We need to link with the community growing work. John from Arbor Green Nursery extended an invite to any members who would like to see the growing work they do with children and families and are keen to widen into the community. (Link to following item) 	<p>www.ithriveedinburgh.org.uk</p> <p>Open invite to visit Arbor Green Nursery. Cllr Barrie to put Katrina in touch with John</p>
<p>4. Inverleith NN Priority – Greenspace and growing</p>	<p>Cllr Barrie explained that a subgroup had been working to bring some identified areas of greenspace to this group to make a decision on which areas to explore further.</p> <p>Cllr Barrie summarised the locations identified as initial possibilities based on the map of greenspace that had been circulated:</p> <ul style="list-style-type: none"> A) Ferryhill Primary School – he explained that the school was already doing good environmental and growing work with pupils and that they had extensive groups that may be suitable for increased activity. School keen to do some partnership working. B) Wester Drylaw Place – The grassed area behind the Doocot was visited and it is felt that it might be a bigger project than we could start with and might be some time to see progress, so proposed keeping this plot in a bank for future consideration. C) Visited strip of waste land on Cyclepath / walkway behind Crewe Toll Fire Station. It is proposed that this location had more advantages to the Doocot area, and that John leads on this work, which could start with small steps, possibly planting perennials which are hardy and don't need huge amount of care to get flowers each year. <p>Queries / comments:</p>	

	<ul style="list-style-type: none"> • Alex described the community growing project that had planted fruit trees in several locations across Drylaw. Many fruit trees were vandalised and made project untenable. • Whichever is decided it was agreed that community buy in was crucial, and that we must learn from the work that Drylaw Neighbourhood Centre's Growing Project. • Drylaw Neighbourhood Centre still have an active garden project in grounds but struggle for volunteers. • John added that the latter (c) would be a low risk / low cost proposal and that he could identify some volunteers to work with any interested local people. • Katrina suggested that Green Health Prescribing could be one way of connecting local people to green space development work, and as John explained, lots of the outdoor work wasn't too demanding and there were a range of activities/skills used. • Alex asked if this site was still earmarked for future tram development. Cllr Barrie to investigate. • Susie asked if it might be worth planting wildflowers in a defined area at this location to let people see that it is a positive development before planting trees etc? <p>The group agreed to investigate areas A and C, behind Fire Station. Subgroup members agreed to:</p> <ul style="list-style-type: none"> • To talk to Katrina to explore volunteer recruitment through links with local primary care and the social isolation subgroup as well as identifying own volunteers. • Continue dialogue with local parks team to engage with local people and groups • To pull together an estimate of start-up costs, taking on board starting small with hardy perennial plants and wildflowers • To make renewed contact with Head Teacher at Ferryhill to discuss opportunities 	<p>Katrina to share info</p> <p>Cllr Barrie to investigate tram land ownership</p> <p>.</p> <p>John / Katrina to chat</p> <p>John to bring estimate of project costs to be to NN</p> <p>Cllr Barrie to renew contact with Head Teacher.</p>
5. Locality Community Planning Partnership (LCPP) Update	<p>Joan B explained that the LCPP had met and had received presentations on 'Best Value Improvement Plan' and 'Good Place to Live'. The three subgroups also gave an update.</p> <p>Further information on LCPP can be found on LCPP pages on Edinburgh Partnership website: https://www.edinburghpartnership.scot/downloads/download/5/north-west-local-community-planning-partnership-papers?downloadID=5</p> <p>She explained that the 4 Neighbourhood Networks in NW also gave an update, and she was particularly interested in the CGF funds that had been ringfenced in Western to support youth activity, tackling social isolation, asking if Inverleith NN could ringfence some funds to support community growing..</p>	

	Helen added that it is in the power of the NNs to do this and it was agreed that this group would consider this.	Helen to produce discussion paper
6. Neighbourhood Environment Programme (NEP)	<p>Helen reported that reports had been re-circulated from Roads and Housing Officers but that there was no further update at this time.</p> <p>A report 'Transport Infrastructure Investment - Capital Delivery Priorities for 2021-22' was circulated from the new Transport Infrastructure Team' which would now be managing the NEP projects across the city.</p> <p>This section of the report regarding NEPs and additional comments were highlighted:</p> <ul style="list-style-type: none"> • 4.36 Due to other delivery commitments and the Covid-19 pandemic in 2020/21 there has been very little delivery of Neighbourhood Environmental Projects (NEPs). This has resulted in £1m of NEPs funding being carried forward into 2021/22. • 4.37 A programme of outstanding NEPs commitments is currently being developed, using existing funding, with delivery of these projects starting in 2021/22. It is therefore proposed that no additional funding is allocated to NEPs projects in 2021/22. • 4.38 A new NEPs allocation will be introduced in 2022/23, primarily based on local traffic management interventions. <p><i>The programme of outstanding commitments or schemes is yet to be finalised so we're unable to confirm what sums can be allocated to those schemes previously identified or proposed by the Neighbourhood Network groups, but the situation should become clearer as the competing pressures of Covid-19 pandemic related schemes eases in the weeks and months ahead.</i></p> <p>The Network wished it noted formally and communicated to the Committee, that the Inverleith NN was very frustrated at this lack of progress, and that these projects were committed after decisions by the local community and it has already been several years for some of these.</p>	<p>Cllr Barrie to write to the Transport Committee on behalf of the Network.</p> <p>Helen to feed back to Locality Manager</p> <p>Joan to raise at LCPP</p>
7. AOCB	<p>Cllr Osler raised an issue that had been brought to her regarding the state of Drylaw Park. She highlighted that the goal posts for example were falling apart and asked how we make this area more attractive to encourage young people to use it positively.</p> <p>It was agreed to try to identify possible solutions for this area.</p>	<p>To be discussed at next meeting</p>
8. Date of next meeting	<p>12th October, 6pm</p> <p>6th December, 6pm</p>	